

Pop-Up Advice & Support Event



Age UK Sheffield is bringing together a range of local services and support under one roof to help you access the advice and help you need, all in a warm, welcoming space.

Whether you're visiting a Welcome Place or just dropping in, everyone is welcome!



Dore Methodist Church Hall, High Street, Sheffield S17 3GU
Wednesday 22nd October 10:30am – 1:00pm

Who's Attending?

- **Age UK Sheffield Dementia Service**

Information & Guidance

- **Sheffield City Council –**

Local Area Committee and Cost of Living Teams

- **Twelve Trees Care**

- **AUKS Digital Champions Programme**

Providing support for older people to improve their digital skills.

- **The Green Doctor Service**

Free help and advice Heating & Energy Bills; Grants for Home Improvement and more!

- **Community Wellness Service**

Gentle exercise for older adults, health tests and rehabilitation support.

- **Practice Nurses & Primary Care Nurses**

Free Blood Pressure checks. Advice on managing Long Term Conditions and self-care tips.

- **Social Prescribers**

Connect with local activities, groups and wellbeing services – supporting both your physical and emotional health.

- **Sheffield Churches Council for Community Care (SCCCC)**

Assist health professionals and provide services to isolated, vulnerable people

Drop in anytime between 10:30 am – 1:00pm